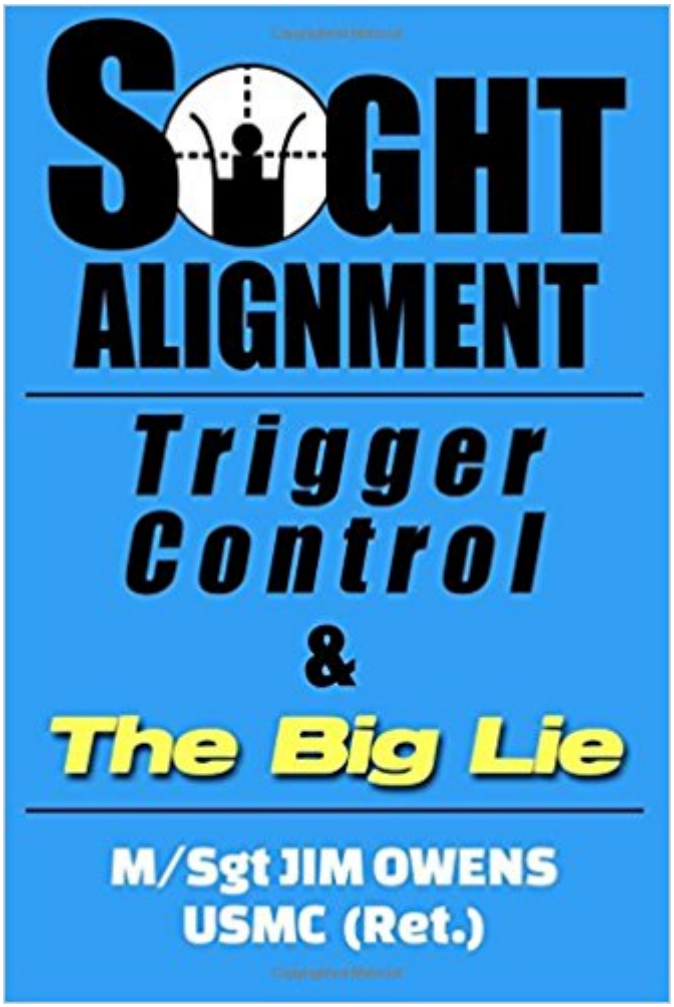
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Sight Alignment, Trigger Control & The Big Lie



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Synopsis

NEW Updated 7th Edition The power-packed book that helped hundreds of shooters improve their groups and scores, some by as much as forty or fifty points. Written by Master Sergeant Jim Owens, his 20+ years of Marine Corps Shooting Team experience will give you the skills and insights to excel in any type of rifle competition. JimÃ¢â ¬â„¢s book covers the core basics, in-depth as only he can. With his tips you will master breathing, natural point of aim, sight alignment, sight picture, focus and trigger control. Includes additional sections on mental conditioning, marking your sights, zeroing, normal come ups, light effects, damage to the crown, care in cleaning, throat erosion and way more. Jim's advanced theory section has been praised by High Masters and numerous National level competitive marksmen. This updated edition includes a new extra chapter on "Analyzing Groups". Revised and updated as of 2013, this new version is a must-have for every student of shooting.

Book Information

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Customer Reviews

Jim Owens earned his first shooting award, an Expert Marksman badge, in 1963. During his Marine Corps career, he was both a member and a coach of the Marksmanship Training Unit at MCAS, Cherry Point, N.C. HeÃ¢â ¬â„¢s fired in the Eastern, Far Eastern, Western and Pacific Marine Corps Division Matches. (Each of these matches includes one week of classes. Jim was also a Marksmanship Instructor at the U. S. Naval Academy. He went on to coach, and serve on base teams both at MCB, Camp Pendleton, CA and MCB, Quantico, VA for the Inter-service and National Matches in 1981 and 1983. In 1982 he coached the winning six man Team in the All Marine Corps Championships. In his shooting career, heÃ¢â ¬â„¢s earned 3 Bronze Legs, 1 Silver Leg, 1 Gold

Leg and a Distinguished Badge. HeÃ¢â ¬â„¢s a High Master and a member of the 495 Club.

Great stuff from a retired M/Sgt who has extensive experience in firearms instructions and competitive shooting. With-in the first 20 minutes I learned several things that improved my accuracy noticeably. Corrects bad habits and misinformation, plus provides tips on identifying where you're going wrong technique wise based on your shot groupings. Well worth the money and your time reading. Can't recommend it enough!!!

Fantastic book, easy to read, well written and funny. The author has that rare ability to break down very complex subjects in to understandable language. This book has the best treatment I've ever read on MOA and adjustment of sights for different target/range combos. You actually get two books for the price of one. The first book covers the basics and then the in depths of sight alignment and trigger control, part two ÃƒÂ¢Ã â ¬Ã Å“The Big LieÃƒÂ¢Ã â ¬Ã Â• goes into the topic of shooting consistent tight groups at ranges up to a 1000 yards. One topic covered here, that I've never seen covered in depth elsewhere is throat erosion, what it is, how to identify it, symptoms and how to fix it. Graphics work well on e-ink Kindle.

It's very good information. Somewhat more designed around the AR-15.But you find yourself as if you were in the middle of a desert, parched for water and your canteen is empty.DRY DRY reading. If it were not a book, it could be a nightlight.Some information you have to re-read to make it clear to yourself.Buy it, but be prepared to cross the Sahara Of Reading.

I'm just beginning to get into F-class shooting, so my perspective is one of the beginner trying to absorb information. There is a lot of good information in here, from trigger finger placement to diagnosing common grouping problems. Mr. Owens' style is a bit terse and he has a habit of launching into an anecdote about some time or another when he outshot everyone (or coached someone else into outshooting everyone). It's a stylistic quirk that is easily ignored.Mr. Owens book is obviously drawn from years of experience shooting the M1 and the book reflects that. Optics are only briefly mentioned, as most of the book deals with the way to configure, adjust and mark up your iron sights. Discussions on common problems with shooting while sitting don't help me much as I shoot whilst prone.The real value in the book comes towards the end with a fascinating and useful discussion on what a "1 minute gun" really means and what that means for you during a competition. This includes advice/technique to make your sighters more effective (supposedly) and

it really did help explain some of what I've seen with my own shooting.In the end, it's a very specialized and slightly flawed book. But it's definitely worth the read.

Detailed book. More appropriate for military. Still has some information I could use.

What I like about this book is the graphs and tables that the author uses to explain his theories. It's easy to read with a lot of helpful information. The part about the big lie really does work. I used it on my last 600 yd. match. The author also has another book on reading the wind. Both are a great guide to anyone serious about long distance shooting.

Husband Michael writes: Insightful. Reviews old theories and debunks long held concepts passed on and on. His theories make sense and has changed my mind to try out his experienced driven formulas. Has already improved my small-bore and large-bore shooting abilities. If you are serious about improving your scores or have found yourself stuck at a plateau you need to read this book. It can only help.

Ok, they aren't tricks but sound practices. Stuff I knew once and had forgotten or no coach ever told me. More than a few decades ago I shot competitive small bore. Wish I had this book back then. Does not cover the fundamentals of shooting positions. You will need another book for that if you don't know what they are. Also, does not cover sling use. It does cover all the other important aspects of competitive shooting from positions. If you are a bench rest shooter I'm not sure this book would be for you either.

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